

**The 2814 Hamilton Service Battalion Land Cadet Corps
Listing of Resource Material Available to Instructors**

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Title	Brief Synopsis	Signed Out To
Adventure Games		
Gold Nuggets Jim Schoel	Short readings covering Commitment, Community, Humor, Journey, Leadership, Values, One-Liners and Songs.	
Processing the Adventure Experience Reldan S. Nadler	This book provides insight into the unique way adventure experiences are processed and provides options as to how to make these experiences more meaningful for the participants.	
Quicksilver Karl Rohnke	Adventure games, initiative problems, trust activities and a guide to effective leadership.	
Silver Bullets Karl Rohnke	Excellent text of initiative problems and activities.	
Youth Leadership in Action Various	A guide to cooperative games and group activities written by and for youth leaders. A project adventure book that covers some young peoples observations regarding adventure games.	
Adventure Training		
Idiot's Guide To Camping and Hiking		
At Home in the Wilderness B&D Buckley	Covers tactics for camp & portage. A good short reference for canoe tripping. Covers material and techniques designed to focus on the dry land aspect of the trip.	
Safe Travel in Bear Country, Gary Brown	A book outlining the avoidance of bears and the must do's in an encounter with a bear.	
Tom Brown's Field Guide to Living with the Earth Tom Brown	Survival tips based on traditional survival skills. This book is a excellent resource covering the survival with nothing on your back scenario. Good depth of information.	
Tom Brown's Field Guide to Nature and Survival for Children Tom Brown	This manual deals specifically with survival skills in relation to children. The book goes into great depth and is an excellent reference.	
Algonquin Park		
A Chronology of Algonquin Provincial Park	Algonquin Park Technical Bulletin 8. A simple chronology of park history.	
A Pictorial History of Algonquin Provincial Park	A Algonquin Park Centennial book outlining the history of the park in photos	
Birds of Algonquin Provincial Park	Algonquin Park Book dealing with the various birds of the park	
Exploring Algonquin Park Joanne Kates	A history of Algonquin Park as well as a number of alternative canoe routes through the park.	
Explorers Guide to Algonquin Park Michael W.P. Runtz	A good text looking into the current options in Algonquin Park.	
Fishing in Algonquin Provincial Park	Algonquin Park Book dealing with the various fish in the park	
Mammals of Algonquin Provincial Park	Algonquin Park Book dealing with the various mammals in the park	
Reptiles and Amphibians of Algonquin Provincial Park	Algonquin Park Book dealing with the various reptiles and amphibians of the park	
Trees of Algonquin Provincial Park	Algonquin Park Book dealing with the various trees of the park	
Wolf Howling in Algonquin Park	A brochure on wolf howling in the park	
Canoeing		
Canoe Handbook, The Slim Ray	A good general purpose reference for canoe techniques, equipment, and rescue.	
Canoe Routes of Ontario, Ontario MNR	Listing of various canoe routes, poor maps	
Canoeing Safety and Rescue Doug McKown	A handbook of safety and rescue procedures for lake and river canoeing. A must have if planning river tripping in fast water. A well	

	written book regarding canoe accidents.	
Canoe Trip Log	A log book for a ten day canoe trip.	
Madawaska River and Opeongo River Whitewater Guide	A whitewater guide to the Madawaska and Opeongo Rivers.	
Petawawa River White Water Guide	A whitewater guide to the Petawawa River	
Roughing it Elegantly Patricia J. Bell	A Canoe Camping book designed to prove that anyone can be uncomfortable. The book is canoe tripping specific and a good reference for long canoe trips.	
Safe Canoeing Guide	Personal handbook for safe and environmentally friendly canoe travel.	
French River, Toni Harting	Knowledgeable Guide To the French River	
Cadet Summer Training Centre		
ACTCB ACL Physical Training Program	96	
ACTCB ACL Recreational Sports Program	96	
ACTCB ACLI D&C CTP	96	
ACTCB ACLIP CTP	95 CLIP CTP	
ACTCB Camp Standing Orders	96	
ACTCB Canoe Training	96	
ACTCB Communication Precis	96	
ACTCB CTP ACLI Smallbore Course	96	
ACTCB Drill Precies	95	
ACTCB Fieldcraft Precis	96	
ACTCB Fire Orders	96	
ACTCB Knots & Lashings	96	
ACTCB Leadership	95	
ACTCB Map Using Precis	96	
ACTCB Organized Lesson Plans	96	
ACTCB Staff Precies instructional Technique	96	
CRCD Wilderness Leadership Course	Wilderness Leadership Course CTP	
CTP ACL Course	96	
IACC .22' Conversion Kit for 7.62mm FNC1A1 Rifle	91	
IACC ACL CTP	96	
IACC ACLI D&C CTP	1993	
IACC ACLI Smallbore CTP	1993	
IACC Basic Wilderness Course Canoe Training	91	
IACC Basic Wilderness Course Map Using Exercise	91	
IACC Basic Wilderness Course Organized Lesson Plan	91	
IACC Camp Standing Orders	91	
IACC CL Organized Lesson Plans	91	
IACC CL Student Handout Book	91	
IACC Conduct of Ranges	93	
IACC CTP CL	91	
IACC CTP CLIQ 1 st Draft	1993	
IACC CTP Small Bore Rifle	91	

Instructors Course		
IACC Drill	91	
IACC First Aid Precis	91	
IACC Flags for the CF	91	
IACC Hunter Safety	91	
IACC Instructors Check List Drill	91	
IACC Jr Cdt Course Drill Check Sheet	91	
IACC Jr Cdt Course Organized Lesson Plans	91	
IACC Knots & Lashings Precis	91	
IACC Method of Instruction	91	
IACC The Silva Compass	91	
IACC The Story of Army Cadets		
CF Publications		
Aid of the Civil Power (2) Tactical Operations CFP 302(8) Part 2	Another Dry DND text on Aid to Civil Power	
Area Rank and Trade School, Junior Leaders Manual	A reduced copy of the CFP Junior Leadership Manual.	
BOT LFCA leadership Handouts	Leadership training manual	
Canadian Forces Manual of Abbreviations	A listing of Canada's Military short forms.	
CF Manual of Drill and Ceremonial	The master reference of CF Drill.	
CF Technical Order, Tent, Modular, Field Service.	Modular Tent Instructional Aid.	
Data Summary, Rifle, Calibre .22 Anschutz Target		
Drivers Regulations CFP 126	Canadian Forces Drivers Handbook	
Infantry Volume 3 Section and Platoon in Battle CFP 309(3)	Dry coverage of section and platoon battle drills.	
Infantry Volume 4 Patrolling CFP 309(4)	Dry coverage of patrolling skills.	
Leadership Vol 1 Junior Leaders Manual	CF Leadership Text	
Leadership Vol 2 The Professional Officer	CF Leadership Text	
LFCA Dismounted Infantry Section Battlecraft	Basic infantry battlecraft.	
Military Training Vol 1 Fieldcraft	CF Fieldcraft	
Military Training Vol 1 Fieldcraft	Basic Fieldcraft	
Military Training Vol 8, Maps, Field Sketching and Compasses	CF Manual	
Military Training Vol 9 Camouflage and Concealment	Basic Cam & Concealment	
Militia Area Praire Methods of Instruction	Method of Instruction manual	
Nuclear, Biological and Chemical Defence Vol 1 Individual Protection		
QR and O for the Canadian Cadet Organizations		

RCR Battle School RESO II EX Knife Point	RESO II leadership tasking exercises.	
Safety Requirements for Cadet Adventure Training Activities	CF Regulations for Adventure Training	
Specific Operations, Vol 2, Arctic and Sub- Arctic Operations Part 1 Basic Cold Weather Training	The primary text for winter indoctrination training	
Specific Operations, Vol 2, Arctic and Sub-Arctic Operations Part 2, A Soldiers Guide to the Cold	A simple straight forward reference on Winter Adventure Training.	
Specific Operations, Vol 2, Arctic and Sub-Arctic Operations Part 2, Northern Operations	A complicated cold weather training manual that lacks useful application for cadets.	
The Canadian Citizen	A basic discussion of Canadian citizenship	
The Reservist, Twice the Citizen	CF Propaganda to make us all get warm fuzzy feelings about being in the CF Reserves.	
Use of Non-service miniature ranges guidelines for cadet corps Commanding Officers		
Weapons Vol 2 – Weapons – Rifle, Bayonet, and Automatic Rifle	Does not cover C7	
You the Media and the Public	A national defence publication. A basic guide to media relations.	
Climbing & Abseiling		
The Escarpment Marc Bracken	A climbers guide to various climbing sites along the Niagara Escarpment. Includes climb routes and rating of sites.	
Rock Climb John Long	A Basic How to Book on Rock Climbing. Includes good sections on ropes and equipment and the basics of climbing.	
Environmental		
How to Shit in the Woods Kathleen Meyer	This book deals with wilderness waste disposal and how it affects our environment. Water disinfecting is also discussed and a review of portable toilets is covered. A humorous discussion of human waste disposal.	
Leave No Trace Annette McGivney	Minimize your impact on the environment using Leave No Trace Camping principles.	
Food		
Backcountry Cooking Dorcas S. Miller	Cooking for hikers via the one burner stove.	
Cooking the One Burner Way Melissa Gray	A mountain stove cookbook. Deals with setting up your menu and a large variety of recipes for one-burner stoves.	
Dry it, You'll Like It Gen MacManiman	A book about dehydrating food, including recipes & plans for building your own food dehydrator.	
Field Guide to Edible Wild Plants, Bradford Angier	a quick, all-in-color identifier of more than 100 edible wild foods growing free in the United States and Canada	
Trail Foods, Easy, Healthy and Delicious	A handbook of easy trail foods	
Wanapitei Canoe Trippers' Cookbook Carol Hodgins	A canoe trippers cookbook that includes a brief review of equipment requirements. A poor reference compared to Cooking the One Burner Way.	
Hiking		
Grand Footpaths Gwen Howlett	A guide to 20 favorite hiking trails in Brant County.	
44 Country Trails Katherine Jacob	Guide to trails on Conservation Lands	

History References		
Hermitage	A Hamilton Region Conservation Authority pamphlet detailing the history of the hermitage building in the Dundas Valley.	
Short History of Kingston as a Military and Naval Centre	History of Kingston Naval	
Knots		
Forget Me Knots Karl Rohnke	A gentle reminder of the knots, ropes and lore used on a Challenge Ropes Course. A very basic knots book.	
Knots and Splices, Judkins * Davison	Some good illustrations	
Knots & Ropes for Climbers, Duane Raleigh	Knots used by climbers	
Morrow guide to Knots Mario Bigon and Guido Regazzoni	A compact, practical handbook of the seventy most useful knots to know, illustrated.	
Maps		
Navigation		
A programmed course in basic map using	Some basic map and compass practice	
Be an Expert With Map and Compass. Bjorn Kjellstrom	Considered to be the primer Orienteering Handbook, the book covers basic map using as well as covering information regarding orienteering. Expands on most areas of the star level Map and Compass Program.	
GPS Land Navigation Michael Ferguson	A complete guidebook for backcountry users of the NAVSTAR satellite system.	
Orienteering an Aid to Training Major J.R. Chapman	A basic technical manual on orienteering. Cadet publication.	
Orienteering Level 1 Coaching Certification	National Coaching Certification Program book for orienteering	
Orienteering, The Sport of Navigating with Map and Compass, Steven Boga	A guide to the sport of orienteering.	
Orienteering, The CF Instructors Handbook Mark Smith	Basic orienteering instructors manual.	
Other Resources		
Campfire Stories William Forgey	A short story book of scary campfire stories.	
Candidate Handout (Supply)	Supply procedures handbook, somewhat dated	
1001 Fundraising Ideas & Strategies, Jim Hawkins		
Caught in the Act Lee Tustin	A user's guide to the youth justice system and young offenders act.	
Drill and Ceremonies	US Army Drill Manual	
Frimley Park, Cadet Leadership Course Instructors Package	1993 UK Cadet Force training package.	
The Cadets Pocket Book Maj John Harris	The UK Cadet Force handbook	
The Soldier's Pocket Book Maj John Harris	The UK Soldiers basic training manual	
Handbook of Cadet unit public information and media relations	Produced by the Army Cadet League to assist corps in production of media releases.	
His Majesty's Regulations – 1828 Major T.L. Mitchell	Rifle drill from 1828	
Lee Enfield Rifle Drill	A RCAC reproduction of a Lee Enfield drill manual for use at ACSTC.	

RCAC	The handbook lacks some of the reference material needed and is an older version of the Lee Enfield Drill.	
Master Cadet Handbook R. Lyons	A complete summary of the old Star Program as well as some optional information in First Aid and Communications.	
Military Arms of Canada Upper Canada Historical Arms Society	A listing of the military arms of Canada running up to the FNC1A1	
Playing It Safe edited by Murray Toft	Selected Mountain Leadership Papers Techniques and Test Reports of the Alpine Club of Canada	
RCACS Level Two Handbook	Air Cadet Level 2	
SNAFU, Great American Military Disasters, Geoffrey Regan	A book covering what can go wrong did go wrong during American Military Campaigns.	
Forest Plants of Central Ontario, Chambers, Legasy, Bentley	Guide to forest plants	
War Stories Anecdotes and Lies, Major Bill Leavey	RCR War Stories	
The Compact & Digital Camera Handbook, Daniel Lezano	Guide to camera use.	
St. John Ambulance, Official Wilderness First-Aid Guide	St John Ambulance's wilderness first aid manual. Covers many wilderness related topics not covered in the Standard First Aid Text. (2 Copies)	
Stand by your Beds Cordell Cross	A humorous recounting of experiences at Vernon Cadet Camp in the 1950's. Some things never change.	
RCAC Resources		
Army Cadet Summer Marksmanship Training	Summer marksmanship training overview.	
RCAC Adventure Training	Optional Training Program	
RCAC Air Rifle Program	Optional Training Manual	
RCAC Basic Map Using Program Package	A programmed instructional package covering the material from the old star program.	
RCAC Block and Detail Syllabus	Old Star Program	
RCAC CFTS	Cadet corps training standard outlining the old star program.	
RCAC CTP Level 1 (Green Star)	Old Star Program	
RCAC CTP Level 2 (Red Star)	Old Star Program	
RCAC CTP Level 3 (Silver Star)	Old Star Program	
RCAC CTP Level 4 (Gold Star)	Old Star Program	
RCAC CTP Winter Adventure Training Manual	Optional Training Manual	
RCAC CTS Vol 1 Summer Camp Courses, Training and Exchanges, Corps Training and Shooting Programs	Old Star Program,	
RCAC CTS Vol 2 Summer Camp Courses, Training and Exchanges, Corps Training and Shooting Programs	Old Star Program	
RCAC Gold Star CTP		
RCAC Gold Star Handbook		
RCAC Green Star CTP		
RCAC Green Star Handbook		
RCAC Guide to Basic Map Reading	Handout of very basic review of map using.	
RCAC Red Star CTP		

RCAC Red Star Handbook		
RCAC Silver Star CTP		
RCAC Silver Star Handbook		
RCAC Star Program Course Training Standards		
RCAC The Brave Share in the Shame	A discussion on goals in cadet training	
RCAC Visual Aids to Fundamental Training	Very Out of Date Visual Aids Book	
RCAC Visual Aids to Map and Compass	Visual Aids for Map and Compass	
RCAC Watercraft Safety Orders	CF Regulations regarding cadet watercraft safety.	
RCIS Canoe Precs	Canoe Training Precs	
Youth in Step, Ontario Army Cadets 1968	A year in review magazine for 1968	
Rifle		
The Art of the Rifle, Jeff Cooper	Covers the basics, primarily a hunting resource	
Successful Rifle Shooting, David Parish	Excellent Smallbore & air rifle reference	
Target Rifle Shooting, Reynolds & Fulton		
The New Position Rifle Shooting, Pullum & Hanenkrat		
Marksmanship With Rifles: A Basic Guide, Jay Peter Merkley	Very Basic	
Scuba		
Open Water Sport Diver Manual Clinchy, Egstrom, Fead	Introductory Manual to Sport Diving	
Open Water Sport Diver Workbook Clinchy, Egstrom, Fead	Introductory Manual to Sport Diving	
Search and Rescue		
Mountain Search and Rescue Techniques W.G. May	An excellent source, although somewhat dated, of information regarding mountain search and rescue. Deals with avoiding and dealing with emergency situations in a mountain environment as well as equipment required.	
Wilderness Search and Rescue Tim J. Setnicka	A handbook to help anyone who safeguards others in the outdoors. All aspects of search and rescue are covered. This book presents a complete system of skills and techniques that can be combined for rescues in any terrain.	
Survival Manuals		
Bushcraft Handout	An older survival skills handout. Poor illustrations.	
Down but not Out CFP 217	The Canadian Forces Handbook for aircrew survival. Somewhat dated but an excellent text.	
Survival US Army FM 21-76	US Army Field Manual, similar to Down But Not Out, covers plants and animals in some detail. A general purpose survival manual.	
Survival is a Dying Art Barry Davies	Written by a SAS member. A fair general purpose reference.	
Survival Handbook Peter Darman	A basic survival handbook. Includes good illustrations and diagrams and special survival tips from some military elements.	
Survival Operations Canadian Army	An older army specific combat survival manual (1962). Poor reference material for cadet use.	
Winter Indoctrination		
Cold Weather Indoctrination Pocket Manual	A smaller version of the RCAC CTP Cold Weather Adventure Training Manual.	

Soldier's Handbook for Individual Operations and Survival in Cold Weather Areas	US Army Handbook for cold weather survival.	
Videos		
Canada at War Series (National Film Board)	Dusk (1936 – Mar 1940)24 Min Blitzkrieg (Apr – Nov 1940) The Year of the Siege (Sep 1940 – Oct 1941) Days of Infamy (Dec 1941 – Jun 1942) Ebbtide (Jul – Sep 1942) Turn of the Tide (Oct 1942 – Jul 1943) The Road to Ortona (Jul 1943 – Jan 1944) New Directions (Dec 1943 – Jun 1944) The Norman Summer (Jun – Sep 1944) Cinderella on the Left (Jun – Dec 1944) Crisis on the Hill (Sep 1944 – Mar 1945) V Was for Victory (Apr – Aug 1945) The Clouded Dawn (Aug 1945-1946)	
Protection Force Series	In God's Command Sec The Price of Duty Sec	47 Min 50 47 Min 50
Canada Remembers	Turning the Tide (1939 to D-Day) Part II 26:04 The Liberators (D-Day to the Rhine) Part II 25:41 Endings and Beginnings (1945) Part II 27:08	Part I 29:14, Part I 29:38, Part I 23:58,
Cadet Recruiting Videos	Community Partnership, #2817 Lindsay Army Cadet Corps JOLC (Army) – I Can Handle This Ipperwash Army Cadet Camp Promo Option: Army Cadets A Brief Guide to Environmental Stewardship The Cadet Instructors List High Life, The Army Cadet Challenge	
Cadet Corps Videos	1998 Annual Inspection March Break '97	
Other Videos	Silver Bullets: An Instructional Video (Project Adventure) White Squall Mastering the Wilderness Part 4 Direction Finding and Part 3 Determining the Weather Honor and Glory	

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